



ANTI-BULLYING PLAN 2023

Eastwood Heights Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Eastwood Heights Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Semester 1	<ul style="list-style-type: none"> Behaviour code for students: Behaviour Step chart and K-6 Stella classroom and playground reward systems
	<ul style="list-style-type: none"> Parent wellbeing forum
	<ul style="list-style-type: none"> Establishment of Student Parliament and emphasis on student voice.

Terms 1-2	<ul style="list-style-type: none"> • Tell Them From Me Student Survey
	<ul style="list-style-type: none"> • Incursion- Backflips Against Bullying
	<ul style="list-style-type: none"> • You Can Do It Program assembly items
	<ul style="list-style-type: none"> • Online safety-ESafety Commssioner • Police Visit- Cyber Safety
	<ul style="list-style-type: none"> • <u>Get Help!</u> Kids Help Line <u>1800 55 1800</u> Helpline Counsellor for Free
	<ul style="list-style-type: none"> • Buddy Classes
Semester 2	<ul style="list-style-type: none"> • NAIDOC celebrations
Terms 3-4	<ul style="list-style-type: none"> • Tell Them From Me Survey; Student/ Teacher/Parent surveys
	<ul style="list-style-type: none"> • Peer Support
	<ul style="list-style-type: none"> • Bully No Way: National Day of Action

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Daily	<ul style="list-style-type: none">• Sentral Daily Notices communication
Weekly	<ul style="list-style-type: none">• Learning and Support Team Meetings
Term 1	<ul style="list-style-type: none">• Staff training: <i>Mandatory Updated Child Protection Training</i>
Yearly	<ul style="list-style-type: none">• K-6 Implementation of <i>You Can Do It</i> program scope and sequence and Kindergarten Second Step Program
Yearly	<ul style="list-style-type: none">• Implementing <i>DoE Behaviour and Engagement Resources</i> https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/anti-bullying/educators/resources-for-educators
Yearly	<ul style="list-style-type: none">• EHPS Wellbeing Leader support and Professional Development initiatives
Yearly	<ul style="list-style-type: none">• Implementing <i>Inclusive, Engaging and Respectful schools</i> -to support inclusive education for all students.

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- **The information posted on the staffroom Wellbeing Wall**
- **Provided a copy of the Eastwood Heights Public School Practicum Student and Casual Teacher Induction Booklet (Outline of behaviour chart system)**
- **Playground YCDI cards/ playground bags explained**
- **Executive staff member speaks to new and casual staff when they enter on duty at the school**
- **The Principal speaks to new executive staff when they enter on duty, as part of the induction process.**
- **Anti-Racism staff EHPS officer appointed: ARCO**
- **Class Blue Folders provide specific student wellbeing information**
- **SLSOs support identified students with casuals.**

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

☒ School Anti-bullying Plan ☒ NSW Anti-bullying website ☒ Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
	<ul style="list-style-type: none">• School website school Facebook and/or school newsletter - National Day of Action: Bully NO WAY!
	<ul style="list-style-type: none">• School Counsellor Referrals
	<ul style="list-style-type: none">• Tell Them from Me parent Survey
	<ul style="list-style-type: none">• Kindergarten Orientation Days
	<ul style="list-style-type: none">• COVID-19: keeping schools and learning safe online• COVID-19: an online safety kit for parents and carers https://www.esafety.gov.au/newsroom/blogs/covid-19-online-safety-kit-for-parents-and-carers
	<ul style="list-style-type: none">• P&C tabled updates on DoE Policies and Support
	<ul style="list-style-type: none">• Parent and Carer DoE anti-bullying information https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/anti-bullying

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Supporting Positive behaviour
<ul style="list-style-type: none">• YCDI explicit stage-based teaching programs aligned to PDHPE syllabus
<ul style="list-style-type: none">• School Buddy program
<ul style="list-style-type: none">• Cyber Bullying police in-school visit.
<ul style="list-style-type: none">• Individual behaviour support plans
<ul style="list-style-type: none">• SRC/Student Parliament enhancing student voice
<ul style="list-style-type: none">• Peer Support and Buddy classes
<ul style="list-style-type: none">• OOSH collaboration in supporting EHPS students
<ul style="list-style-type: none">• Access to Parent Modules implemented through You Can Do It Education and uploaded to school website. https://eastwoodht-p.schools.nsw.gov.au/supporting-our-students/student-health-and-safety/wellbeing-corner/you-can-do-it--parent-information.html

<ul style="list-style-type: none"> • Parent Wellbeing Forums and online presentations
<ul style="list-style-type: none"> • Accessing DoE Wellbeing resources: behaviour Specialist, Assistant Principal Learning and Support
<ul style="list-style-type: none"> • Collaboration with paraprofessionals such as speech pathologist, paediatricians and psychologists.

Completed by: **Ljiljana Prothero**

Position: **Stage 1 Assistant Principal**

Signature: L. Prothero

Ljiljana Prothero

Date: 30/1/2023

Principal: **Nicole Henderson**

Signature: *N. Henderson*

Date: 30/1/2023