



ANTI-BULLYING PLAN 2022

Eastwood Heights Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Eastwood Heights Public School's commitment

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

1 School culture and inclusion



All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

| Dates | Communication topics |
|------------|---|
| Semester 1 | <ul style="list-style-type: none"> Behaviour code for students: Behaviour Step chart and K-6 Stella classroom and playground reward systems |
| March | <ul style="list-style-type: none"> Bully No Way: National Day of Action |

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|------------|---|
| March | <ul style="list-style-type: none"> • Harmony Day celebration K-6 assembly |
| Terms 1-2 | <ul style="list-style-type: none"> • Tell Them From Me Student Survey |
| | <ul style="list-style-type: none"> • You Can Do Program assembly items |
| | <ul style="list-style-type: none"> •  eSafety Commissioner • Online safety • Police Visit- Cyber Safety |
| | <ul style="list-style-type: none"> •  kids helpline Anytime Any Reason • <u>Get Help!</u> • <u>1800 55 1800</u> • Helpline Counsellor for Free |
| | <ul style="list-style-type: none"> • Buddy Classes (Pending COVID Chortling Requirements) |
| Semester 2 | <ul style="list-style-type: none"> • NAIDOC celebrations |
| Terms 3-4 | <ul style="list-style-type: none"> • Tell Them From Me Survey; Student/ Teacher/Parent surveys |
| | <ul style="list-style-type: none"> • Peer Support |
| | <ul style="list-style-type: none"> • Wakakirri |

1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

| Dates | Communication topics and Professional learning |
|--------|--|
| Daily | <ul style="list-style-type: none">• Sentral Daily Notices communication |
| Weekly | <ul style="list-style-type: none">• Learning and Support Team Meetings |
| Term 1 | <ul style="list-style-type: none">• Staff training: <i>Mandatory Updated Child Protection Training</i> |
| Yearly | <ul style="list-style-type: none">• K-6 Implementation of <i>You Can Do It</i> program scope and sequence and Kindergarten Second Step Program |
| Yearly | <ul style="list-style-type: none">• Implementing <i>DoE Behaviour and Engagement Resources</i> https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/anti-bullying/educators/resources-for-educators |
| Yearly | <ul style="list-style-type: none">• EHPS Wellbeing Leader support and Professional Development initiatives |
| Yearly | <ul style="list-style-type: none">• Implementing <i>Inclusive, Engaging and Respectful schools</i> -to support inclusive education for students with disability, |

1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- The information posted on the staffroom Wellbeing Wall
- Provided a copy of the Eastwood Heights Public School Practicum Student and Casual Teacher Induction Booklet (Outline of behaviour chart system)
- Playground YCDI cards/ playground bags explained
- Executive staff member speaks to new and casual staff when they enter on duty at the school
- The Principal speaks to new executive staff when they enter on duty, as part of the induction process.
- Anti-Racism staff EHPS officer appointed: ARCO
- Class Blue Folders provide specific student wellbeing information
- SLSOs support identified students with casuels.

2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

☒ School Anti-bullying Plan ☒ NSW Anti-bullying website ☒ Behaviour Code for Students

2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

| Dates | Communication methods and topic |
|-------|--|
| | <ul style="list-style-type: none">• School website school Facebook and/or school newsletter - National Day of Action: Bully NO WAY! |
| | <ul style="list-style-type: none">• School Counsellor Referrals |
| | <ul style="list-style-type: none">• Tell Them from Me parent Survey |
| | <ul style="list-style-type: none">• Kindergarten Orientation Days |
| | <ul style="list-style-type: none">• COVID-19: keeping schools and learning safe online• COVID-19: an online safety kit for parents and carers https://www.esafety.gov.au/newsroom/blogs/covid-19-online-safety-kit-for-parents-and-carers |
| | <ul style="list-style-type: none">• P&C tabled updates on DoE Policies and Support |
| | <ul style="list-style-type: none">• Parent and Carer DoE anti-bullying information https://education.nsw.gov.au/student-wellbeing/attendance-behaviour-and-engagement/anti-bullying |

3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

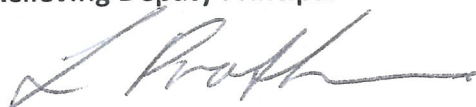
| Supporting Positive behaviour |
|---|
| <ul style="list-style-type: none">• YCDI explicit stage-based teaching programs aligned to PDHPE syllabus |
| <ul style="list-style-type: none">• School Buddy program |
| <ul style="list-style-type: none">• Cyber Bullying police in-school visit. |
| <ul style="list-style-type: none">• Individual behaviour support plans |
| <ul style="list-style-type: none">• SRC student led initiatives |
| <ul style="list-style-type: none">• Peer Support and Buddy classes |
| <ul style="list-style-type: none">• OOSH procedures align to school behaviour step chart and Stella Behaviour Code and Wellbeing Policy |
| <ul style="list-style-type: none">• Parent Modules You Can Do It Education |

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| <ul style="list-style-type: none"> • Parent Wellbeing Forums and online presentations |
| <ul style="list-style-type: none"> • Accessing DoE Wellbeing resources: behaviour Specialist, Assistant Principal Learning and Support |
| <ul style="list-style-type: none"> • Collaboration with paraprofessionals such as speech pathologist, paediatricians and psychologists. |

Completed by: **Ljiljana Prothero**

Position: **Relieving Deputy Principal**

Signature:



Date: 1/3/2022

Principal: **Nicole Henderson**

Signature:



Date: 1/3/2022

