

No Excuses for Excuses Checklist

Instructions: Place a mark next to the excuses you believe your child uses to avoid doing schoolwork (or chores).

Excuse	Like my child	Not like my child
1. I'll do it tomorrow when I feel more motivated.	<input type="checkbox"/>	<input type="checkbox"/>
2. It will be easier for me to do this work when I have lots of pressure, so I'll put it off until the last minute.	<input type="checkbox"/>	<input type="checkbox"/>
3. I don't know how to do this work properly. I won't do it until I know how to do it correctly.	<input type="checkbox"/>	<input type="checkbox"/>
4. The world won't come to an end if I put off my work.	<input type="checkbox"/>	<input type="checkbox"/>
5. I'll find this work easier to do when I'm in the mood. I'll wait for that time and do it then.	<input type="checkbox"/>	<input type="checkbox"/>
6. I did my work once at the very last minute and I did it very well, so why not do it the same way again?	<input type="checkbox"/>	<input type="checkbox"/>
7. I cannot miss out on tonight's fun. My work can wait.	<input type="checkbox"/>	<input type="checkbox"/>
8. No one cares about whether I do this work or not, so I may as well keep putting it off.	<input type="checkbox"/>	<input type="checkbox"/>