



Kindergarten 2024 School Readiness



Welcome to Eastwood Heights
Public School!



School Readiness

Acknowledgement of Country





School Readiness

Agenda

1. Differences between pre-school and school
2. How to prepare your child for school
3. Things you can do to assist with numeracy and literacy
4. Other useful activities to try in the lead up to school
5. Tips for success
6. A day in the life of a kindergarten student
7. Useful resources
8. Questions



School Readiness

***Starting school is an important time
for children and families.***

Children who make a positive start to school are more likely to:

- feel comfortable, relaxed and valued
- feel excited and motivated to learn
- have good relationships with others
- develop a sense of belonging within the school community



School Readiness

Differences Between Pre-school and School

- Physical environment
- Rules and procedures
- Relationships
- Learning





School Readiness

Physical Environment

- Size of playground
- Number of classrooms and buildings
- Location and types of toilets
- Number of students and teachers





School Readiness

Rules and Procedures

- Structured times and classes
- Eating and going to the toilet
- Different rules for the playground and the classroom
- Lining up
- Putting hand up to speak





School Readiness

Relationships

- Meeting new children and adults
- Responding to children of different ages
- Getting to know a range of teachers and school staff
- Ratio of staff to students





School Readiness

Learning

- Formal learning experiences with structured times and set tasks
- Being organised for learning
- Sometimes work may be difficult



School Readiness

How to Help Your Child

- Social, Personal and Emotional Skills
- Encourage Independence
- Physical Skills
- Imaginative and Creative Play
- Literacy Skills
- Numeracy Skills





School Readiness

Social, Personal and Emotional Skills

Support your child to:

- make friends
- invite children to play together
- participate in conversations
- manage their emotions
- get to know other families in the school community
- say own name
- adapt to unfamiliar settings and new experiences
- finish a task and tidy up afterwards
- play cooperatively with other children - share and take turns
- sit still to listen to a story for a few minutes
- share adults' attention with several other children





School Readiness

Encourage Independence:

- encourage self-help skills
- promote a sense of responsibility
- teach your child to care for their belongings
- involve your child in making decisions
- develop your child's understanding of social rules
- use the toilet independently



School Readiness

Physical Skills

Encourage your child to:

- use scissors to cut along a straight line
- enjoy a variety of indoor and outdoor play
- put on and take off jumpers, shoes, socks independently
- make and design things using a variety of materials





School Readiness

The Importance of Play



relationships initiative
engagement
creativity imagination risktaking
selfconcept morals
socialskills
thinking language exploration choices
physicalskills respect
cognitiveability resilience
problemsolving
communication selfexpression





School Readiness

Things You Can Do to Help Your Child with Literacy

- Ask your child open-ended questions about their day or surroundings.
- Gradually build up the number of verbal instructions from 1 single direction to 2 or even 3 directions for your child to follow.
- Discuss the meanings of new words as they arise.
- Play rhyming games with your child.
- Model reading by pointing to words.
- Play 'I spy with my little eye, something beginning with....'. Make sure you use the sound, **not** the letter.
- Re-read favourite books and encourage your child to join in.
- Model reading everything to your child – signs, shopping lists, shop names, food labels etc.
- Talk about the front cover, illustrations and title of a book before reading it.
- Ask questions about a story while you or your child are reading. For example, *Why do you think that happened?* or *What might happen next?*
- Practise writing their name using NSW Foundation Style and NOT IN CAPITALS.
- Write in front of your child and talk about what you are writing.





School Readiness

Things You Can Do to Help Your Child With Numeracy

- Count objects you see while you are out walking.
- Count backwards by ones when your child is confident counting forwards.
- Use dice in board games to identify the number pattern.
- Play Snap with a deck of cards.
- Identifying numbers on coins or letterboxes.
- Teach how to share cutlery for each place when setting the table.
- Share a packet of lollies equally between siblings or family members by repeatedly giving each person one in the same order until the packet is empty. Discuss what it would be fair to do if there are leftover lollies
- Identify and discuss patterns in and around your home such as lounge or curtain material colours or shapes. For example, *blue square – yellow circle, blue square – yellow circle, blue square – yellow circle*





School Readiness

Things You Can Do to Help Your Child With Numeracy

- Use and talk about different measuring containers when cooking, gardening or filling baths, buckets or cups. Refer to containers as being *full*, *empty* or *half full*.
- Name the days of the week and months of the year. Contextualise times of the year using special celebrations such as birthdays or cultural events.
- Involve your child with weekly routines for school and home life.
- Sing songs, make up dances and reading books with repeating, rhyming or rhythmic numbers.
- Compare lengths of socks from toe to top while matching pairs from the washing pile.
- Use flattened playdough with cookie cutters in a variety of 2D shapes.
- Investigate a collection of different coins to see which uses the greatest/smallest area by stacking them.





School Readiness

Useful activities to try in the lead-up to starting Kindergarten:

- Drink from a bubbler.
- Set up a play date for your child to play with a friend.
- Make sure your child can use the toilet independently – including urinals for boys – and practise good hand washing techniques.
- Go to the local library and let your child choose books to borrow.
- Take a ball to a park to throw, catch and kick together.
- Organise a picnic with a packed lunch and encourage your child to open it and eat the food by themselves.
- Practise putting on their school shoes and walking in them.
- Practise dressing in their school uniform.
- Practise writing letters using NSW Foundation Style.
- Practise cutting and pasting pictures from a magazine.
- Draw pictures using a variety of media.
- Practise name writing correctly using a capital for the first letter and then lowercase letters.



School Readiness

Tips for success:

- Prepare lunch and recess food the night before. Make the packaging easy to open and *waste free* lunches are ideal.
- Limit after school activities at least during term 1.
- Have some down time after the school day and before beginning homework.
- Communicate with the class teacher via Seesaw and during school pick up.
- Bed-time routine: students need about 10 to 12 hours per night. Make story time part of the bedtime routine.
- School bag needs to be LARGE.
- Label absolutely everything.
- Ask specific questions at the end of the school day but don't ask too many.
- Do not overreact when your child says something negative.
- Place spare underwear in school bag.



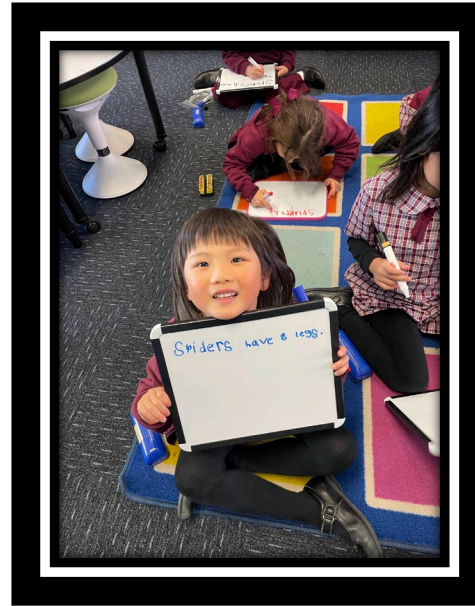
A Day in the Life of a Kindergarten Student





A Day in the Life of a Kindergarten Student

Literacy Groups





A Day in the Life of a Kindergarten Student

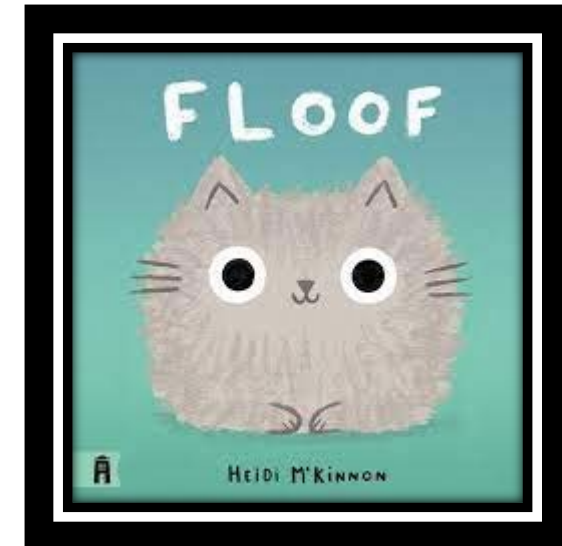
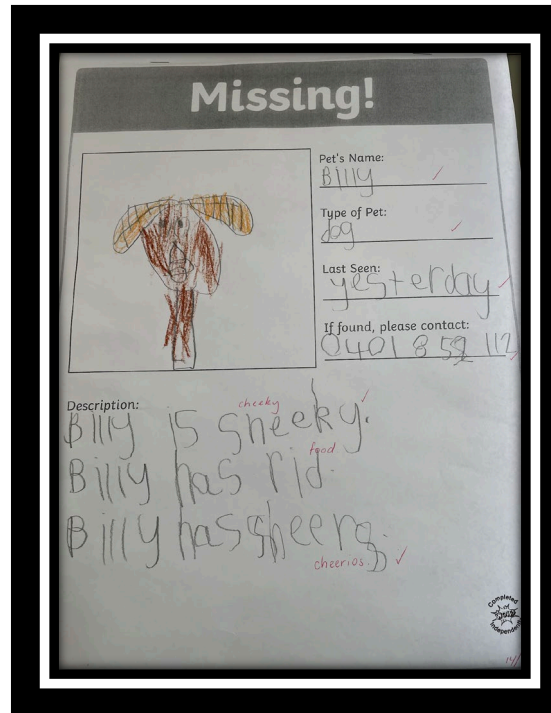
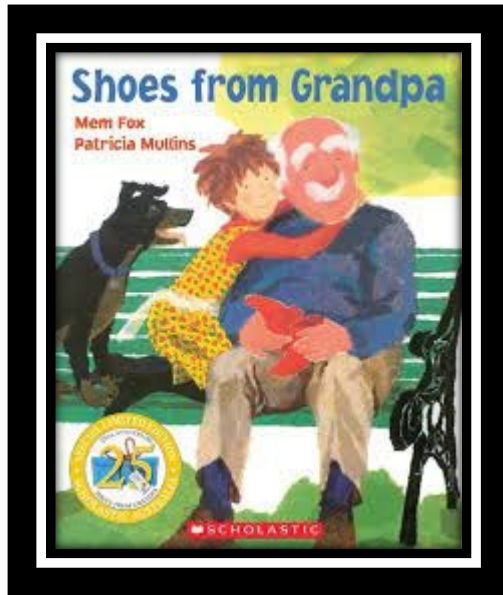
Crunch & Sip





A Day in the Life of a Kindergarten Student

Textual Concepts – Understanding and Responding to Literature





A Day in the Life of a Kindergarten Student



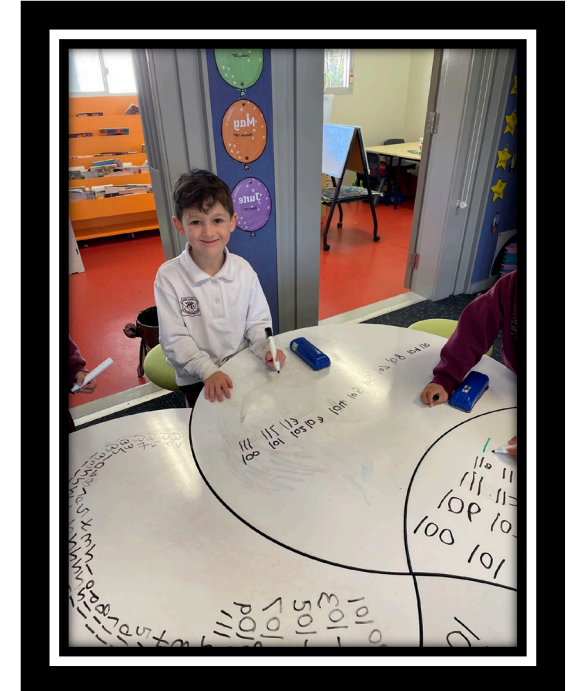
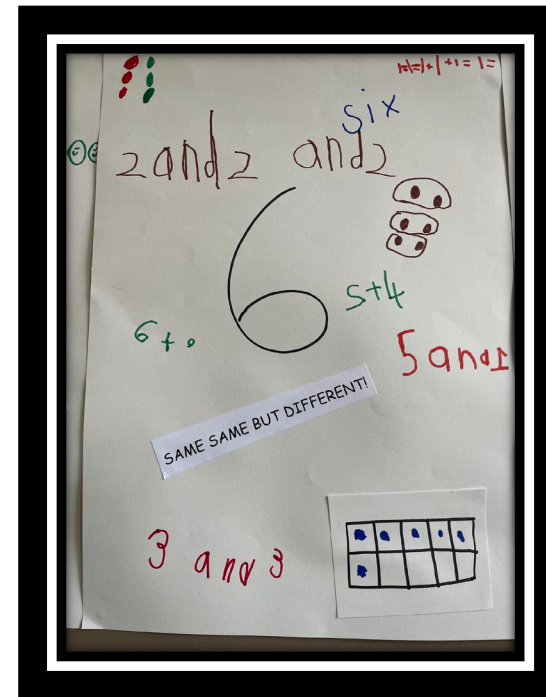
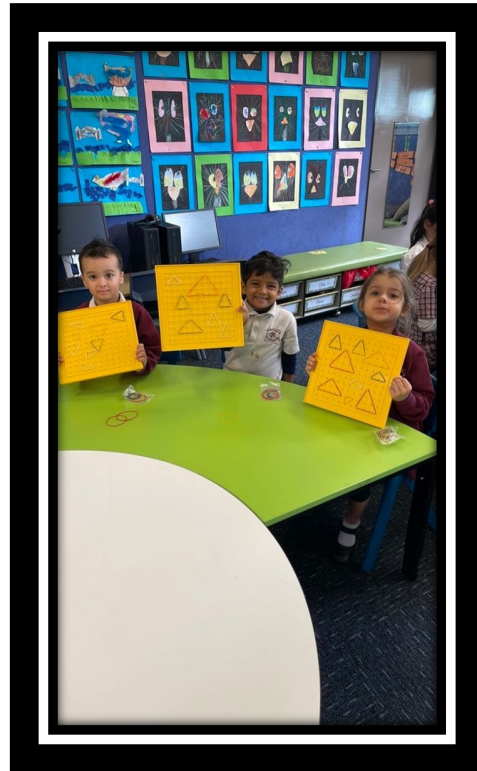
Lunchtime





A Day in the Life of a Kindergarten Student

Mathematics





A Day in the Life of a Kindergarten Student

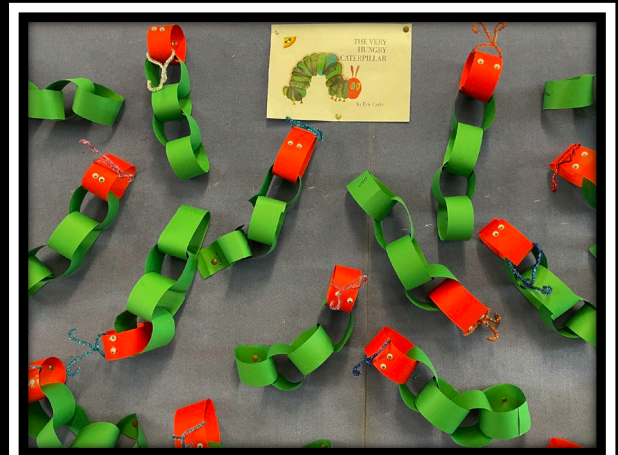
Recess





A Day in the Life of a Kindergarten Student

Afternoon





OOSH





Resources

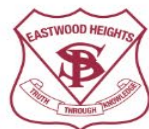




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**Welcome to
our school**

Truth Through Knowledge



Questions?

