

Parent Reflection Form



Know your parenting style.

Describe the type of parenting you received as a child.

What effect did it have on your attitude towards value of education and the importance of achievement?

What effect did your parents' style have on your parenting style?

Place a check next to the style(s) of parenting you see in the mirror on your 'bad days'.

- | | | |
|-------------------------------------|---|---|
| <input type="checkbox"/> Helicopter | <input type="checkbox"/> Authoritarian | <input type="checkbox"/> Lack of Expectations |
| <input type="checkbox"/> Permissive | <input type="checkbox"/> Overly Emotional | <input type="checkbox"/> Unsupportive of School |
| <input type="checkbox"/> Powerless | <input type="checkbox"/> Excessive Expectations | |

What affect does this style have on your children, including their level of motivation, their attitudes towards school, and their feelings about themselves?

What are some changes you can make in your parenting to eliminate the negative elements in your parenting style?
